



LODGE PARK

S P A \* \* \* \* \*

TREATMENTS

ENGLISH

# Spa Nature & Technologie

We place our large team of professionals at your disposal with exclusive high-end cosmetics that are natural, vegan, organic and free of chemical products, displaying a major commitment to fair trade and the environment. And the exclusiveness of our specialised Indiba centre, with highly exclusive state-of-the-art non-invasive techniques to guarantee care, beauty and comprehensive relaxation.

## Icons



**Pregnant women:**  
Starting from the second 3-month period.  
*No extra fee.*



**Double cabin:**  
For a couple.  
*15 € supplement*



**4 hands:**  
An unforgettable luxury experience.  
*90 € supplement*

ALQVIMIA

CND

duKamara  
bamboo

esse

INDIBA  
DEEP BEAUTY

INSIGHT

jeevan  
ayurveda

## Recommendations Good practices

- Arrive ten minutes before your appointment to get ready; the treatment time may be shortened if you aren't on time in order to maintain the schedule for the other customers.
- The length of the treatments is indicative and includes the time to get ready for the treatment.
- Tell our therapists about your allergies and medical conditions before your therapy to enable us to adapt to your physical condition and ensure the best results.
- If you wish to cancel your treatment, you must inform us eight hours in advance, otherwise you will be charged for the service in full.
- All the treatments on the menu costing €30 or more include the water circuit. We advise you to use it before your treatment.



## Spa Nature

Our selection of manual therapies featuring high-end natural cosmetics.

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## MASSAGES

### Personalised



90 min. 152 €

### Sport massage



25 min. 60 € / 50 min. 110 €

### Deep tissue



25 min. 58 € / 50 min. 98 €

### Tired legs



25 min. 58 €

### Foot Reflexology



45 min. 90 €

### Couples massage

Therapeutic, body and facial  
aroma with essential oils.



75 min. 235 €

## EXPERIENCES

Express 25 min.

### Basic facial



55 €

### Relaxing children



45 €

### Relaxing 1819



55 €

### Relaxing family experience

1 adult and 1 child in the same cabin.



100 €

### Express duo massage

Relaxing massage for couples.



110 €

### Body exfoliation



62 €

## HOLISTIC

### Tibetan

Ku-nye Massage "friction" on the lung "Life Line".



50 min. 96 €

### Chakra Balance

Energetic balancing with pure essential oils.

75 min. 120 €

### Ayurveda Nadi Abhyanga

Energetic balancing of the body's nadis channels, with  
medicinal oil according to dosha.



50 min. 96 €

### Emotional Shiatsu

Acupressure maneuvers on energy  
channels and diaphragm release.



50 min. 96 €

### Himalaya Detox

Draining massage with Himalayan salt stones designed  
to cleanse and detoxify the physical and energetic body.

75 min. 120 €

## FACIAL TREATMENTS

### Restructuring facial cleansing with Probiotics

75 min. 100 €

### Personalized Bio treatment

Bio rejuvenating, Bio unifying, Bio regulating or Bio repairing.

75 min. 110 €

### Radiance Glow

Illuminating well-aging treatment.

90 min. 130 €

### Bamboo facelift

Specifically for men.

45 min. 70 €

### Radiant Look

Eye contour cream for bags and dark circles.

45 min. 110 €

## RITUALS

Comprehensive treatments that include both facial and body care

### Goddess Ritual

A holistic and sensory treatment focused on harmonising and connecting with feminine energy and its natural cycles.

90 min. 170 €

### Harmony Ritual

An exclusive ritual designed to restore balance and harmony to body and mind, resulting in a deep sense of peace and wellbeing.

90 min. 170 €

### Ritual Mother To Be

A full-body and facial treatment featuring exfoliation and hydration with Dead Sea salts and pure argan oil.

90 min. 170 €

### Ayurvedic Tri-Dosha Ritual

A body and facial massage using medicinal Ayurvedic oils tailored to balance and treat according to your individual dosha.

90 min. 170 €

## BODY TREATMENTS

### Eye contour cream for bags and dark circles

50 min. 93 €

### Silhouette massage with wood therapy

50 min. 99 €

### Manual lymphatic drainage

Vodder system.

50 min. 90 €

### Bio Active Detox Bamboo

Body treatment to cleanse and detoxify the body by draining and eliminating toxins.

90 min. 125 €

## AESTHETICS

### Hands and feet

Basic manicure 30 min. 37 €

Basic pedicure 45 min. 50 €

Vinilux nail varnish 15 min. 12,50 €

Shellac/semi permanent nail varnish 20 min. 22 €

Removal semi permanent nail varnish 15 min. 16 €

### Waxing

Lips 6,50 €

Eyebrows 6,50 €

Armpits 8,50 €

Bikini 18 €

Brazilian bikini 28 €

Full bikini 30 €

½ leg 29 €

Whole leg 42 €

Chest, back, arms 25 €

### Green Hair Salon

Women's haircut 65 €

Barber shop 30 €

Man's haircut 40 €

Child's haircut 20 €

Shampoo and brushing 40 €

Colour 65 €

Treatment supplement 18 €



# Spa & Technologie

Our selection of therapies  
featuring Indiba technology.



## RELAXATION

Neuro sedative  
back massage 30 min. 45 €

Circulatory massage  
for tired legs 50 min. 75 €

## BODY

Shaping and firming in a specific area  
Chest, arms, abdomen  
or buttocks. 45 min. 80 €

Hard or compact  
cellulite 60 min. 100 €

Soft or edematous  
cellulite 60 min. 100 €

Detox: Drains, hydrates,  
and oxygenates 90 min. 150 €

Menopause: remodeling, mood  
balancing, and reduces  
excessive sweating. 90 min. 150 €

Pressotherapy. Lymphatic drainage  
for legs and abdomen. 30 min. 25 €

## FACIAL

Eyes and lips contour  
Wrinkles and puffy eyes treatment. 30 min. 50 €

Facial Express  
Skin laxity, wrinkles,  
dehydration, and couperose. 45 min. 70 €

Anti-aging: improves elasticity  
and firmness.  
Face, neck and cleavage. 75 min. 125 €

Double chin  
Sagging, fluid retention,  
and fat accumulation. 30 min. 50 €

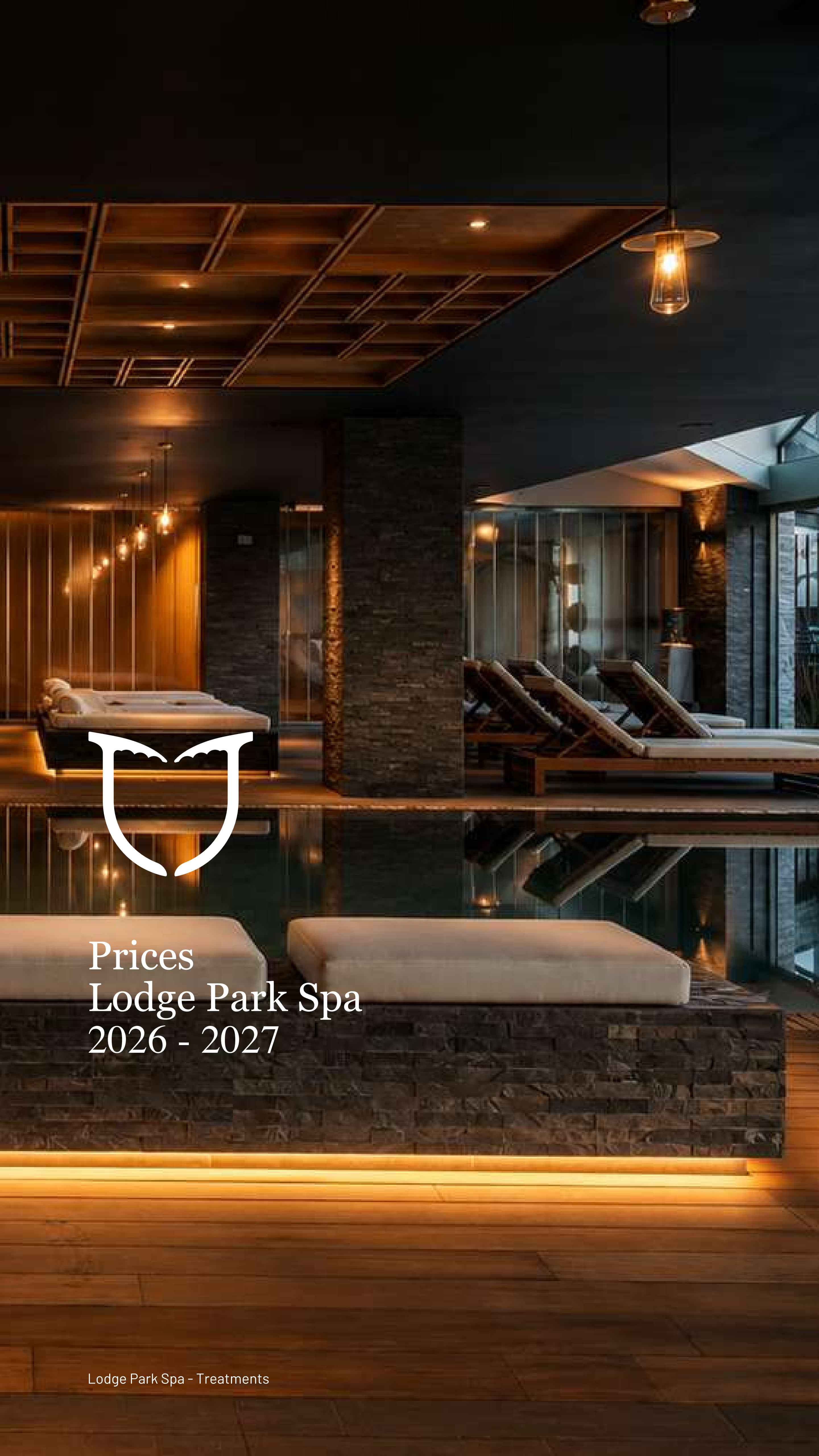
Neck and neckline  
Dehydration, wrinkles and spots 40 min. 50 €

Lip, perioral lines  
and corners  
rejuvenation 30 min. 45 €

Deep cleansing with  
hydrodermabrasion. 45 min. 75 €

Deep cleansing with  
hydrodermabrasion and  
anti-aging AHA. ONA 75 min. 130€

\*\* Check out our personalized treatment packages through a free diagnosis.



Prices  
Lodge Park Spa  
2026 - 2027

## HOTEL CUSTOMER

**Adult** (15 years old and above) 29 €

**Children** (from 4 to 14 years) 14 €  
0-3 years of age free admission.

\*\* 10% and 15% discounts on 3 and 5-day admission packages.

## WALK-IN CUSTOMER

**Adult** (15 years old and above) 38 €

**Children** (from 4 to 14 years) 20 €  
0-3 years of age free admission.

\*\* Admission is included for a booking of a treatment that costs €30 or more.

## OPENING TIMES

Spa Relax — 10 AM - 12 PM   Spa Family — 12 PM - 6 PM   Spa Relax — 6 PM - 9 PM

Admission is permitted for children aged 0-14

## SPA RULES

- A prior booking is required to use the facilities. The use of a cap and slippers isn't mandatory, but we sell them at the spa reception if you wish to use them.
- Admission in street clothes and shoes is not permitted.
- Children up to 14 years of age must be accompanied by an adult. It is forbidden to run and jump and encourage activities that annoy other users.
- It is not permitted to eat or smoke inside the facilities or to bring in cans or glass from the outside.
- The use of the facilities is not recommended for people with circulatory or cardiac problems, open wounds or high blood pressure or pregnant women.



Prices  
Wellness Club  
*Spa & Fitness*  
2026 - 2027

## FITNESS

One-day pass	18 €
Matrícula socio	25 €
Monthly morning pass 9:00 AM - 3:00 PM	110 €
Morning season pass To avail of this rate, a one-off payment must be made. Minimum: 3 months	90 €/mes
Monthly afternoon pass 3:00 PM - 9:00 PM	110 €
Monthly afternoon pass To avail of this rate, a one-off payment must be made. Minimum: 3 months.	110 €/mes

## SPA & FITNES

Monthly morning pass 9:00 AM - 3:00 PM	250 €
Morning season pass To avail of this rate, a one-off payment must be made. Minimum: 3 months.	200 €/mes
Monthly afternoon pass 3:00 PM - 9:00 PM	345 €
Monthly afternoon pass To avail of this rate, a one-off payment must be made. Minimum: 3 months.	276 €/mes

## BENEFICIOS SOCIOS CLUB

- 10% discounts at the spa boutique.
- 20% discounts on treatments.
- 10% off at Kao Restaurant.
- 5% off at Don Giovanni Restaurant.
- One 25-minute relaxing massage. (Spa & fitness members)
- 2 free invitations for the water area.
- Free admission to the spa for people accompanying children aged 0-14.
- Free outdoor parking, subject to availability.

## FITNESS RULES

- Admission for children under 15 years of age is not permitted.
- Admission is not permitted in street shoes.
- Sports clothes are recommended for use of the facilities; it is forbidden to enter in street clothes or without a shirt.
- It is mandatory to use a towel on the machine benches and the stretching mats. The machines must be cleaned before and after use.
- Bags and backpacks are not permitted in the hall.



For more information and reservations:

Tel.: (+376) 871 792

☎: (+376) 607 589

park-spa@lodgeparkhotel.ad

lodgeparkhotel.com

